Focus Pointe New Jersey Directions

If you have any questions about these directions, please call 201.928.1888

Google Maps Link

From LaGuardia Airport
Follow signs to Triboro Bridge (Grand Central Parkway). Cross Triboro Bridge and follow signs for I-87 North (Major Deegan Expressway) to George Washington Bridge. Come across George Washington Bridge and follow signs for I-95 South (Local Lanes). Stay on I-95 about 4 miles to Exit 70/Teaneck. Make left onto Glenwood Ave. Make right onto East. Degraw Avenue/County Road-12 West. Make right onto Teaneck Road. At 1st street pm right, turn right onto Puffin Way (Formerly East Oakdene Avenue). Go down the hill (a dead end), and turn right at the bottom of the hill into our parking lot. Focus Pointe is on the second floor.

From Newark Airport
Follow signs to NJ Turnpike North. Take Turnpike North to Exit 18W (George Washington Bridge). After paying toll stay on Turnpike but look for signs directing you to Local Lanes (a few miles after paying toll). Take local lanes to Exit 70 (Teaneck/ Leonia) and then Exit 70B when it subdivides. Merge onto Degraw Avenue. At 2nd light turn right onto Teaneck Road. At first street on right, turn right onto Puffin Way (formerly East Oakdene Avenue.) Go down the hill (a dead end) and turn right at the bottom of the hill end into our parking lot. Focus Pointe New Jersey is on the second floor.

NYC/George Washington Bridge
Take the lower level of the bridge. After bridge, follow signs to 80/95 LOCAL LANES. Take first exit, 70-TEANECK. At the light make left onto Glenwood Ave. Make right onto East Degraw Avenue/County Road-12 West. Make right onto Teaneck Road. Make right turn onto 1st street on right which is Puffin Way(formerly East Oakdene Avenue.) Go down the hill (a dead end), and turn right at the bottom of the hill into our parking lot. Focus Pointe is on the second floor.

From Tappan Zee Bridge
Tappan Zee Bridge to 287 West and get off at Exit 14 (New Jersey Garden State Parkway South). Take GSP South to Exit 163 (Route 17 South). Merge on to Route 17 South. Take Route 17 South to Route 4 East. Take Route 4 East to the 1st Teaneck Road Exit (towards Ridgefield Park). Stay on Teaneck Road on for approximately 2-2.5 miles-past Holy Name Hospital on the right, Thomas Jefferson Middle School on the left. You will come to an Exxon gas station on the right and an Enrite gas station on the left. This is Puffin Way (formerly East Oakdene Avenue), turn left. Go down the hill (a dead end) and turn right at the bottom of the hill into our parking lot. Focus Pointe is on the second floor.

From Route 4 East
Take the 1st Teaneck Road Exit (towards Ridgefield Park). Stay on Teaneck Road on for approximately 2-2.5 miles-past Holy Name Hospital on the right, Thomas Jefferson Middle School on the left. You will come to an Exxon gas station on the right and an Enrite gas station on the left. This is Puffin Way (formerly East Oakdene Avenue), turn left. Go down the hill (a dead end) and turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

From Route 4 West
Take the 2nd Teaneck Road Exit (towards Ridgefield Park). Stay on Teaneck Road on for approximately 2- 2.5 miles-past Holy Name Hospital on the right, Thomas Jefferson Middle School on the left. You will come to an Exxon gas station on the right and an Enrite gas station on the left. This is Puffin Way (formerly East Oakdene Avenue), turn left. Go down the hill (a dead end), and turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

From Route 80 East
Take Route 80 East to exit 70 B-TEANECK. Merge onto East Degraw Ave. At 2nd light turn right onto Teaneck Road. At first street on right, turn right onto Puffin Way (formerly East Oakdene Avenue). Go down the hill (a dead end) and
turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

From Route 80 West
Take Route 80 West to Exit 70-TEANECK. Make left onto Glenwood Ave. Make right onto East. Degraw Ave./County Road-12 West. Make right onto Teaneck Road. Make right turn right onto Puffin Way (formerly East Oakdene Avenue.) Go down the hill (a dead end), and turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

From Points North - Garden State Parkway
Take GSP South to Exit 163 (Route 17 South). Merge on to Route 17 South. Take Route 17 South to Route 4 East. Take Route 4 East to the 1st Teaneck Road Exit (towards Ridgefield Park). Stay on Teaneck Road on for approximately 2-2.5 miles-past Holy Name Hospital on the right, Thomas Jefferson Middle School on the left. You will come to an Exxon gas station on the right and an Enrite gas station on the left. This is Puffin Way (formerly East Oakdene Avenue), turn left. Go down the hill (a dead end) and turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

From Points South - Garden State Parkway
Take the Garden State Parkway North to Exit 161 (Route 4). Merge on to Route 4 East. Take Route 4 East to the 1st Teaneck Road Exit (towards Ridgefield Park). Stay on Teaneck Road on for approximately 2-2.5 miles-past Holy Name Hospital on the right, Thomas Jefferson Middle School on the left. You will come to an Exxon gas station on the right and an Enrite gas station on the left. This is Puffin Way (formerly East Oakdene Avenue), turn left. Go down the hill (a dead end) and turn right at the bottom of the hill into our parking lot. Focus Pointe New Jersey is on the second floor.

Focus Pointe New Jersey Taxi/Car Services

Car Rental:

- Alamo Rent-a-Car 800-327-9633
- Avis Rent-a-Car 800-331-1212
- Budget Rent-a-Car 800-221-1203
- Enterprise Rent-a-Car 800-736-8222
- Hertz Rent-a-Car 800-654-3131
- National Car Rental 800-222-7368